

Subject: Americans with Disability Act (ADA) accommodation for **Steve Kaminczak (DOB: 05/28/1974)**

To Whom It May Concern:

I am writing this letter on behalf of Steve Kaminczak, who is a 51-year-old male patient currently under my care since 05/10/2022. This letter addresses his work-related injury sustained on January 30, 2025, at Westbury High School, Houston, ISD.

I have reviewed and compared lumbar spine MRI studies performed before and after the reported injury (December 23, 2024, and March 3, 2025), with the following findings:

- The December 2024 MRI demonstrated pre-existing degenerative changes at the L4-L5 and L5-S1, including mild to moderate diffuse disc bulging, arthrosis, and stenosis.
- The March 2025 MRI demonstrates acute-on-chronic changes, including central disc protrusions resulting in severe right and moderate left neural foraminal narrowing at L4-L5 and L5-S1, as well as bone marrow edema at L5, not seen in the previous study.

These interval changes are consistent with an acute exacerbation of a pre-existing degenerative lumbar condition.

Based on the history provided and the temporal relationship between the injury and the imaging findings, it is my professional opinion, within a reasonable degree of medical probability, that the mechanism of injury described (trip and fall over a floor mat during a tire drill on January 30, 2025) is consistent with and the acute aggravation observed on the March 2025 MRI.

The post-injury imaging findings represent a significant aggravation of the pre-existing degenerative condition and are not solely attributable to the natural progression of the chronic degenerative condition.

Mr. Kaminczak requires continued medical evaluations and treatment related to this injury, including but not limited to diagnostic imaging, pain management, and potential surgical consultation.

Due to this condition, he has functional limitations affecting ambulation and prolonged driving. At this time, he is unable to drive distances greater than approximately 20 miles without significant exacerbation of symptoms.

Please feel free to contact my office should additional medical information or clarification be required.

Sincerely

Julio C Rodriguez, MD

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